

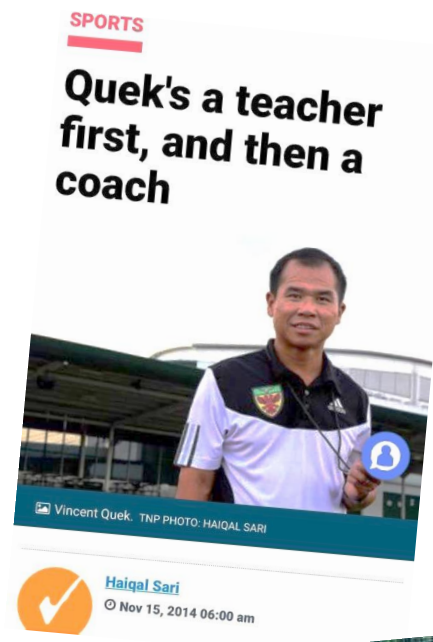
Raffles Institution Track & Field Team



Our Teachers & Coaches



Mr Vincent Quek, Miss Anisha Johnson & Mr Loh Guan Liang



Our Teachers & Coaches

Mr Ng Kean Mun
Former National Record
Holder
RI Pole Vault Coach (Yr I-6)



Singapore Athletics
Photo by Terry Tan Lee Ban. Ng Kean Mun
clearing 3.20m to win the gold medal for M50
Pole Vault.

Personal Best - Outdoor

	PERFORMANCE	WIND	PLACE	DATE
Pole Vault	4.75		Norman, OK	21 MAY 1990

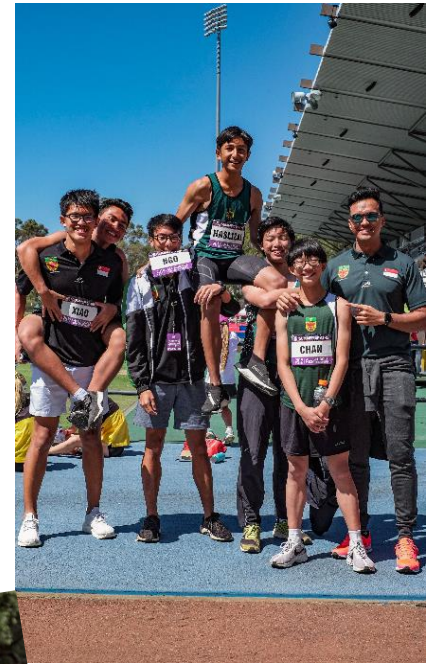
Personal Best - Indoor

	PERFORMANCE	WIND	PLACE	DATE
Pole Vault	4.77		Lincoln, NE	03 FEB 1990

Mr Melvin Tan
Ex-National Men/Women Relay Coach
RI Sprints/Hurdles Coach (Yr I-6)



Our Teachers & Coaches



Mr Choo Chee Kiong
Former HOD PECCA
RI Throws Coach (Yr1-4)

Mr Fuad Idris
Long Jumper Turned Coach
RI Jumps Coach (Yr1-4)

B Division Champion 2018



Sprints/Hurdles/Relays



Throws (Shot Put/Discus/Javelin)



Jumps (Long/Triple/High) & Pole Vault



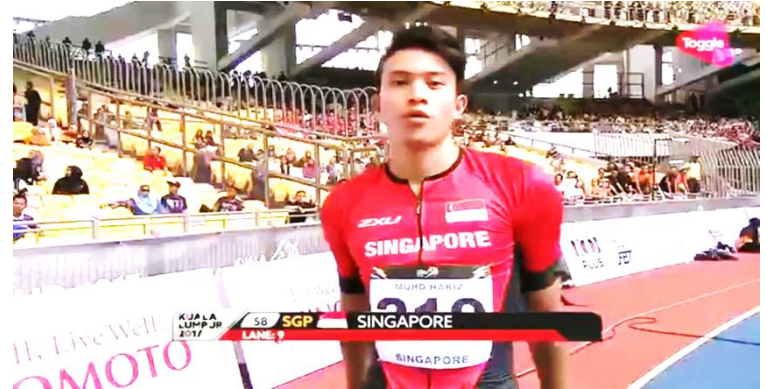
Donning the Singapore Colours

THE STRAITS TIMES

SPORT



National hurdler Ang Chen Xiang set the national record of 14.25 seconds in the men's 110m hurdles event at the Asian Athletics Championships in Doha on April 23, 2019. ST PHOTO: CHENG JUN LIANG



Singapore Schools Sports Council (SSSC)



Learning Journey & Training Trips to Perth 2012/2014/2017/2019



RAFFLES INSTITUTION
TRACK & FIELD
PERTH, WESTERN AUSTRALIA
2-9 DECEMBER 2019



Learning Journey & Training Trips to Perth



Learning Journey & Training Trips to Perth



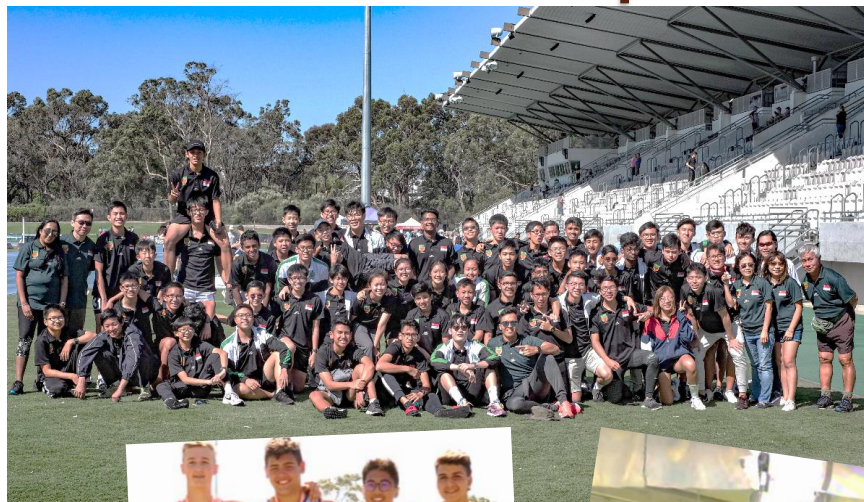
Australian All Schools Championships 2019

Could you be the next
All Schools Champion?

**ALL SCHOOLS
CHAMPIONSHIPS**
6-8 DECEMBER 2019
WA ATHLETICS STADIUM

The 2019 Australian All Schools Championships is the premier event for school athletics competition in Australia. School-aged participants (born 2002-2007) of any level the opportunity can run, jump, throw or walk in a range of events and compete against their peers from ALL SCHOOLS!

Learn more at waathletics.org.au/AAAC.



Australian All Schools Championships 2019



Friends and Teammates



Training Sessions: Monday, Wednesday & Friday @ 4.00-6.30pm (unless otherwise stated) Venue: Year 5-6 stadium



Raffles Institution Campus Map

1 Raffles Institution Lane, Singapore 575954 · comms@ri.edu.sg · +65 6419 9242

